

Menu/Location	Week 2	Oats	Fruit	Eggs	Soya	Gluten	Milk	Celery	Mustard	Fish	Tomato	Legumes	Sulphites	Beef
Pasta bolognese						W					✓			✓
Quorn bolognese					✓	W					✓			
Fish fillet						W				✓				
Omelette				✓			✓							
Pork sausages						W						✓		
Plant based sausages		✓			✓	W/B						✓		
Chicken goujons						W								
Quorn nuggets						W						✓		
Ham & pepperoni pizza						W	✓				✓			
Cheese & tomato pizza						W	✓				✓			
Potatoes(chips, mash, cubes & jacket)														
Gravy														
Baked beans											✓			
Cheddar cheese							✓							
Tuna mayonnaise				✓						✓				
Bread (crusty, wrap & buttered bread)						W								
Fresh fruit & yoghurt							✓							
Waffles				✓	✓	W								
Freshly made cookie		✓			✓	W	✓							
Apple crumble & custard		✓				W	✓							
Raspberry smoothie														

Key:

W = Wheat O = Oats B = Barley R = Rusk S = Spelt
 K- Kiwi S- Strawberry HM- Honey Melon P- Pineapple

✓ = Allergen

Date:

23rd October 2023 Angela Bide

FREE FROM ALTERNATIVES ARE AVAILABLE.